

Cooking Conversation Question

Warm-up Task:

Take turns listing ingredients until someone can't answer within 5 seconds.

Discussion Questions:

1. How often do you make food and eat it?
2. Do you consider toasting bread, preparing instant noodles, or boiling an egg to be 'cooking'? Why or why not?
3. What's your favorite dish to make?
4. Cooking or baking? What's more fun? What's more difficult?
5. Who did most of the cooking in your house when you were growing up?
6. In many cultures, women cook more often than men. Why is this?
7. Is cooking a social activity for you? Do you like to do it with other people, or do you prefer to do it alone?
8. How have you learned the cooking skills that you have?
9. Have you ever taken a cooking class? If so, what did you learn? If not, would you like to take one? What would you like to learn?
10. Did you ever consider becoming a professional chef or working in the restaurant industry? Why or why not?
11. Have you tried cooking food from another culture? What did you prepare? How was it?
12. Which region of the world seems to have the widest range of available ingredients?
13. Is it cost-effective to do your own cooking? Can you save money by cooking?
14. Would you rather do the cooking or do the washing up afterwards?
15. What kind of message does cooking for another person express?
16. Do you use recipes to cook? If so, where do you get the best recipes? Do you get them from friends, family, online, or from cookbooks?
17. Have you ever tried to prepare some food and just totally ruined it? What happened?
18. Do you prefer cooking at home or eating out at a restaurant? Why?
19. Sometimes it can be hard to find ingredients. Is there an ingredient that you had difficulty finding? What did you do about this problem?
20. Do you have a lot of cooking equipment? How often do you use it all? Do you have any pieces of equipment that you rarely use?

