

Use with a noun phrase

I wrote this during the  
break.

# DURING

Answers 'when?'

When did you go to Italy?  
During my 20s.

Use with a clause or  
reduced clause

They listened to music  
while (they were) baking.

# WHILE

# FOR

Answers 'how long?'

How long were you  
waiting?  
For about 10 minutes.