

Games and Competition Conversation Questions

Warm-up Question:

What's the last game that you played? Did you win?

Discussion Questions:

1. Which do you like more, winning or not losing?
2. Do you prefer physical games or games that are purely mental?
3. What kinds of games did humans play thousands of years ago? Can you imagine?
4. What do the Olympic Games mean to you?
5. Do you enjoy word games, like crosswords or Scrabble? Why or why not?
6. Do you like board games? Which ones have you played?
7. Some board games and many sports are cooperative. Do you enjoy winning as a team, or do you prefer to beat everyone and keep the glory for yourself?
8. Do you like video games? If so, which types?
9. Do you know how to play chess? Can you play well?
10. Do you have a good poker face? Can you hide your thoughts and feelings?
11. There is competition in life. Who are you competing with?
12. What is good about competition? Does it bring out the best in people?
13. What are the downsides of competition?
14. How do you react to losing? Is there a healthy way to mentally process losing?
15. How do you behave when you win? Do you celebrate? Do you mock the losers?
16. When you play a game, do you always play by the rules?
17. How are you competing against yourself? In what way do you want to be better?
18. Are you more or less competitive than the average person?
19. Which countries are competing most intensely these days? Could the competition lead to war?

